

## **STAMINA**

Go over the limits... Take the challenge... Live Nature as an immense Theme Park...

Reward: Pure **Stamina**

### **“Chapada Diamantina Highlights”**

Cachoeira – Lençóis – Igatu – Andaraí – Mucugé – **“Feria de Santana” (Santana Fair)**

#### **Day 1**

Salvador – Reconcavo Bahiano – Lençóis

A \* **saloon car** will take us from the hotel in Salvador to “Reconcavo Bahiano”, the area that surrounds “All Saints” Bay (which includes the historic cities of Bahia). Visit to the sugar cane plantations and to the Cocoa Estate occupied by the MST (Landless People Movement) in Santo Amaro (birth place of the famous singer Caetano Veloso). After this we will make for Cachoeira, a city that has become a national monument. Sightseeing in the city historic downtown and then visit to a cigars factory.

Lunch at the Carmo Convent (XVIII century). Later, we will drive past **“Feria de Santana” (Santana Fair)** and cross the Bahiano hills to get to the Chapada Diamantina National Park area. This region is a sort of oasis known as “Brazilian Green Canyon”.

Welcome dinner and overnight at the hotel.

#### **Day 2**

Lençóis

After breakfast, full day tour to visit the main attractions of the National Park: the “Lapa Doce” grottoes and the transparent waters of the Pratinha Lake. After lunch we will go for a swim by the “Devil’s Well” waterfall, where abseiling will be an optional activity. Early in the evening we will go up the **“Padre Ignacio’s Hill” (Father Ignacio’s Hill)** to get a sweeping view of the National Park before returning to Lençóis.

Free evening.

#### **Day 3**

Lençóis

Breakfast and free day. Optional activities: bike and horse riding.

Dinner at the hotel.

#### **Day 4**

Lençóis – Igatu \* **(4 Wheel Drive adventure)**

After breakfast we start our descent in a 4x4 to the “Marimbus Swamp”, a former refuge for fugitive slaves and now one of the most rustic villages in the region. Rowers will take us in canoes across the swamp (where we can sight birds and animals) to the Rocandor fall. There, our Lunch Boxes and 4x4 will be waiting to continue the adventure along the old “Garimpo Road” to the abandoned miners’ village and the Stone City of Igatu. We will devote the afternoon to explore the remains of this impressive village that was one of the most populous in the region during the “diamond fever”.

Return to hotel. Free evening.

### **Day 5**

#### **“Poço Encantado” (Enchanted Well)** – Mucugé

After breakfast we will go down the dam path for a refreshing swim before taking the **cars** to Andaraí, a historic city and one of the few places where diamond trade is still active.

Visit to the miners` houses and continue the journey for Mucugé. On the way we will see the **“Enchanted Well”**, the “Sempre Viva” project and its waterfalls. Lunch in Mucugé and return to Igatu. Free evening.

### **Day 6**

Salvador

After breakfast we will start for Salvador. Stop for lunch (barbecue) at **“Feria de Santana” (Santana Fair)**, the capital of cattle and second biggest city in the State of Bahia.

Arrival in Salvador and check-in at the hotel.

### **Day 7**

Salvador

Breakfast and at the stated time transfer to the airport for departure.

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